

Long-term Goal Worksheet

To achieve all we desire and to progress effectively/efficiently, we choose to set goals. It is to our benefit to have Long-term, Mid-term, and Short-term goals. This worksheet will help us to clarify and quantize very specific goals for the Long-term. By Long-term, we're talking in terms of years, not months or days.

Be as clear as possible when defining your goals and refer to this sheet every few months to check your progress.

Long-term goals will change as life unfolds and leads us down different paths. Every New Year, refer to your long-term goals and make modifications as necessary. Stay true to your dreams, however, and never fail to shoot for the stars. This is your opportunity to spell out your ideal life. If every wish could come true, this is where you'd like to be. Aim high, work with sincerity, and set goals that will ultimately benefit you, your loved ones, and society at large.

Today's Date _____

In 5 years, I would like to be living in this part of the world: _____

In 5 years, I'd like to be doing this for a living: _____

Eventually, I'd like to have children: Y/N

I'd like to have a large family. Y/N

I prefer the single life. Y/N

Music will play a role in my life in the following ways:

A typical weekend will involve:

When I treat myself with a well-deserved gift, it will be:

My dream home will be this style of house:

I will donate my time to the following groups/charities:

I will give \$ each year to the following charities/ scholarship funds/ non-profits:

My motto is:

Mid-term Goal Worksheet

To achieve all we desire and to progress effectively/efficiently, we choose to set goals. It is to our benefit to have Long-term, Mid-term, and Short-term goals. This worksheet will help us to clarify and quantize very specific goals for the Mid-term. By Mid-term, we're talking in terms of months, not weeks or days.

Be as clear as possible when defining your goals and refer to this sheet every few weeks to check your progress. This worksheet will be more trombone-specific than the Long-term goals.

Today's Date _____

By this time next year/semester, I will have memorized the following 2 solos:

By this time next year/semester, I will have perfected/memorized these Orchestral Excerpts:

I will have done extensive research/reading and compiled a notebook on the following 4 composers:

I will know all Major and Minor Scales, 2 octaves, by memory, at this tempo:

I will have gathered info and compiled a notebook on the following 5 trombonists:

I will listen to a wide variety of music. In the next year, I will learn more about music from this era/style/country/culture:

I will purchase the following method books, solos, and trombone-related materials:

I will learn all I can about another musical instrument. That instrument will be:

I will seek a lesson with the following musician, and I'll travel if needed:

Short-term Goal Worksheet

To achieve all we desire and to progress effectively/efficiently, we choose to set goals. It is to our benefit to have Long-term, Mid-term, and Short-term goals. This worksheet will help us to clarify and quantize very specific goals for the Short-term. By Short-term, we're talking in terms of days, not weeks or months. Be as clear as possible when defining your goals and refer to this sheet every day to check your progress. A new short-term sheet should be done every Sunday night. This worksheet will be very trombone-specific.

Today's date _____

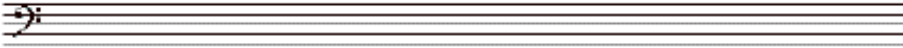
By the end of the week, I will have mastered the following scales at the following tempo:

Scales:

Tempo:

I will have perfected the following Etudes:

I will have continued with my Daily Routine (Descending triads, slow lip slurs, Articulation, fast lip slurs, Range building, warm down) with special emphasis on this area: (use the staff to write specific exercises)



I am learning more about the following composer:

Their homeland was:

Date of Birth was:

Style of music is characterized as:

Their most famous composition(s) was:

Interesting anecdote about their life/music:

I will perfect the following solo, or fraction thereof:

Title:

I'll fix this section:

From:

To:

I will begin work on the following Orchestral Excerpts, including finding at least one recording:

I will continue my work on the following excerpts:

My Grade for the Week: _____